

GCSE Dance (8236/C)

Teacher online standardisation (T-OLS) index

Every year, we publish a range of non-exam assessment (NEA) work for GCSE Dance Component 1 (8236/C), which is known as [Teacher online standardisation \(T-OLS\)](#).

T-OLS communicates the marking standard by providing examples of how the mark scheme is applied to students' work. Its purpose is to help teachers standardise Component 1 prior to submitting NEA marks to AQA.

The T-OLS index showcases different responses to the performance and choreography tasks and covers a wide range of marks representing achievement at all levels of the mark scheme. The dancers featured on T-OLS demonstrate work which has achieved the standard, and all tasks include a breakdown of individual criteria marks.

In addition, the work on T-OLS exemplifies a variety of performance styles for the duet/trio performance task and a range of responses to the stimuli for choreography.

The index below is designed to help you find the examples you need by identifying the following:

- total mark and mark breakdown for named set phrases
- total mark and mark breakdown for either a duet or a trio performance
- total mark for mental skills
- total mark and mark breakdown for either a solo or a group choreography
- the original stimulus chosen by the student for choreography.

Please note, to avoid confusion, this index does not include Covid-adapted coursework.

Please note, in order to enable centres to standardise without having seen the marks in advance, the pieces of work from the current year do not include the mark. The marks and commentaries for these pieces of work are available to view on T-OLS once you have inputted your mark.

8236/C GCSE Dance

Component 1: Performance and choreography

Year	Example	Set phrases mark (and breakdown)	Duet/trio mark (and breakdown)	Mental skills mark	Choreography and original stimulus mark (and breakdown)	Total mark
2026	T26 Example 1	Breathe Shift	Duet		Duet Skin	
2026	T26 Example 2	Shift Only 1 set phrase submitted	Trio		No work submitted	
2026	T26 Stand 1	Breathe Shift	Trio		Solo Frida Kahlo	
2026	T26 Stand 2	Breathe Shift	Trio		Duet Skin	
2026	T26 Stand 3	Flux Shift	Trio		Duet Frida Kahlo	
2026	T26 Stand 4	Breathe Shift Both phrases have approved adaptations.	Duet		Solo: Site sensitive A prop, accessory or object that could be used to assist locomotion or movement.	
2026	T26 Stand 5	Flux Scoop	Trio		Quartet A prop, accessory or object that could be used to assist locomotion or movement	

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Year	Example	Set phrases mark (and breakdown)		Duet/trio mark (and breakdown)		Mental skills mark	Choreography and original stimulus mark (and breakdown)		Total mark
2026	T26 Batch 1.1	Breathe		Duet			Trio Nursery Rhyme		
2026	T26 Batch 1.2	Breathe		Duet			Duet Nursery Rhyme		
2026	T26 Batch 1.3	Breathe		Trio			Solo Skin		
2026	T26 Batch 1.4	Breathe		Trio			Quartet A prop, accessory or object that could be used to assist locomotion or movement		
2026	T26 Batch 1.5	Breathe		Trio			Duet Skin		
2026	T26 Batch 2.1	Breathe		Trio			Duet Skin		
2026	T26 Batch 2.2	Breathe		Trio			Solo Skin		
2026	T26 Batch 2.3	Flux		Trio			Solo Skin		
2026	T26 Batch 2.4	Breathe		Duet			Quartet Nursery Rhyme		
2026	T26 Batch 2.5	Breathe		Trio			Trio Frida Kahlo		

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Year	Example	Set phrases mark (and breakdown)		Duet/trio mark (and breakdown)		Mental skills mark	Choreography and original stimulus mark (and breakdown)		Total mark
2025	T25 Example	Breathe Shift	9 (333)	Trio	19 (667)	4	Solo A photograph or image of a face	34 (77677)	66
2025	T25 Stand 1	Breathe Flux	3 (111)	Duet	6 (222)	1	Solo Frozen water	11 (22223)	21
2025	T25 Stand 2	Breathe Shift	6 (222)	Trio	8 (332)	1	Duet Frozen water	19 (44344)	34
2025	T25 Stand 3	Breathe Flux	8 (233)	Duet	11 (344)	2	Solo An item or object you could sit on or lie on	29 (66566)	50
2025	T25 Stand 4	Breathe Scoop	9 (333)	Trio	18 (666)	4	Solo A photograph or image of a face	31 (76666)	62
2025	T25 Stand 5	Breathe Shift	12 (444)	Trio	24 (888)	4	Quintet A photograph or image of a face	40 (88888)	80
2025	T25 Batch 1.1	Breathe Shift	6 (222)	Duet	12 (444)	3	Solo Sleep	18 (44334)	39
2025	T25 Batch 1.2	Breathe Shift	11 (434)	Duet	24 (888)	4	Quartet An item or object you could sit on or lie on	40 (88888)	79
2025	T25 Batch 1.3	Breathe Scoop	10 (433)	Trio	21 (777)	4	Duet Instructions on a leaflet or packet	31 (67666)	66

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Year	Example	Set phrases mark (and breakdown)		Duet/trio mark (and breakdown)		Mental skills mark	Choreography and original stimulus mark (and breakdown)		Total mark
2025	T25 Batch 1.4	Breathe Scoop	6 (222)	Trio	13 (454)	3	Solo A photograph or image of a face	17 (34334)	39
2025	T25 Batch 1.5	Breathe Flux	6 (222)	Trio	10 (433)	2	Trio Frozen water	18 (43434)	36
2025	T25 Batch 2.1	Shift Flux	12 (444)	Duet	24 (888)	4	Solo Sleep	40 (88888)	80
2025	T25 Batch 2.2	Breathe Shift	8 (323)	Duet	23 (788)	4	Duet Instructions on a leaflet or packet	34 (76678)	69
2025	T25 Batch 2.3	Breathe Shift	6 (222)	Duet	14 (455)	2	Trio Sleep	22 (45445)	44
2025	T25 Batch 2.4	Breathe Scoop	9 (333)	Duet	15 (555)	3	Duet Frozen water	28 (66565)	55
2025	T25 Batch 2.5	Breathe Flux	10 (433)	Duet	22 (877)	4	Solo Sleep	40 (88888)	76
2024	T24 Example	Breathe Shift	11 (434)	Trio	22 (787)	4	Trio The Earth's Atmosphere	35 (77777)	72
2024	T24 Stand 1	Breathe Shift	7 (232)	Trio	13 (445)	3	Duet A mask worn on the face	21 (45444)	44

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Year	Example	Set phrases mark (and breakdown)		Duet/trio mark (and breakdown)		Mental skills mark	Choreography and original stimulus mark (and breakdown)		Total mark
2024	T24 Stand 2	Breathe Shift	12 (444)	Trio	24 (888)	4	Solo One or more sentences from the poem ' <i>The Hill We Climb</i> ' by Amanda Gorman	39 (87888)	79
2024	T24 Stand 3	Breathe Shift	6 (222)	Duet	12 (444)	2	Solo A photograph by Iranian artist Mohammad Reza Domiri Ganji	18 (44343)	38
2024	T24 Stand 4	Breathe Scoop	11 (344)	Trio	23 (788)	4	Quintet Migration	38 (78887)	76
2024	T24 Stand 5	Breathe Flux	9 (333)	Duet	18 (666)	3	Solo/Site sensitive One or more sentences from the poem ' <i>The Hill We Climb</i> ' by Amanda Gorman	27 (45558)	57
2024	T24 Batch 1.1	Flux Scoop	12 (444)	Duet	24 (888)	4	Quartet The Earth's Atmosphere	40 (88888)	80
2024	T24 Batch 1.2	Breathe Shift	5 (221)	Trio	11 (443)	2	Solo Migration	28 (66556)	46
2024	T24 Batch 1.3	Flux Scoop	10 (334)	Trio	22 (778)	4	Trio One or more sentences from the poem ' <i>The Hill We Climb</i> ' by Amanda Gorman	35 (77777)	71
2024	T24 Batch 1.4	Breathe Flux	9 (333)	Trio	13 (445)	3	Duet The Earth's Atmosphere	32 (66767)	57

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Year	Example	Set phrases mark (and breakdown)		Duet/trio mark (and breakdown)		Mental skills mark	Choreography and original stimulus mark (and breakdown)		Total mark
2024	T24 Batch 1.5	Breathe Shift	11 (434)	Trio	24 (888)	4	Solo A mask worn on the face	34 (66778)	73
2024	T24 Batch 2.1	Breathe Shift	5 (122)	Duet	9 (333)	2	Solo A photograph by Iranian artist Mohammad Reza Domiri Ganji	25 (54556)	41
2024	T24 Batch 2.2	Breathe Flux	11 (434)	Duet	24 (888)	4	Quartet One or more sentences from the poem ' <i>The Hill We Climb</i> ' by Amanda Gorman	40 (88888)	79
2024	T24 Batch 2.3	Breathe Shift	7 (223)	Duet	13 (445)	3	Solo A mask worn on the face	23 (45545)	46
2024	T24 Batch 2.4	Breathe Flux	3 (111)	Trio	9 (333)	2	Trio The Earth's Atmosphere	17 (34334)	31
2024	T24 Batch 2.5	Breathe Shift	10 (433)	Duet	23 (878)	4	Duet A photograph by Iranian artist Mohammad Reza Domiri Ganji	40 (88888)	77
2023	T23 Example	Shift Flux	11 (443)	Trio	24 (888)	4	Quartet An interaction with someone or something	32 (67676)	71
2023	T23 Stand 1	Breathe Shift	6 (222)	Duet	12 (444)	3	Trio One or more items of stationery	20 (44444)	41

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Year	Example	Set phrases mark (and breakdown)		Duet/trio mark (and breakdown)		Mental skills mark	Choreography and original stimulus mark (and breakdown)		Total mark
2023	T23 Stand 2	Breathe Shift	9 (333)	Trio	15 (555)	4	Quintet One or more items of stationery	40 (88888)	68
2023	T23 Stand 3	Shift Flux	12 (444)	Trio	24 (888)	4	Solo A poem or piece of prose by Alexandra Elle from <i>Neon Soul: A Collection of Poetry and Prose</i>	38 (87788)	78
2023	T23 Stand 4	Breathe Shift	6 (222)	Trio	11 (443)	3	Solo An interaction with someone or something	20 (44444)	40
2023	T23 Batch 1.2	Breathe Shift	6 (222)	Duet	11 (434)	3	Duet An interaction with someone or something	30 (66666)	50
2023	T23 Batch 1.3	Flux Shift	5 (221)	Trio	10 (343)	2	Solo A poem or piece of prose by Alexandra Elle from <i>Neon Soul: A Collection of Poetry and Prose</i>	17 (43343)	34
2023	T23 Batch 1.4	Breathe Shift	10 (334)	Trio	22 (787)	4	Solo One or more items of stationery	40 (88888)	76
2023	T23 Batch 1.5	Breathe Scoop	6 (222)	Duet	13 (454)	3	Duet One or more items of stationery	23 (55445)	45

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Year	Example	Set phrases mark (and breakdown)		Duet/trio mark (and breakdown)		Mental skills mark	Choreography and original stimulus mark (and breakdown)		Total mark
2023	T23 Batch 2.1	Breathe Scoop	8 (323)	Duet	18 (666)	4	Solo An interaction with someone or something	40 (88888)	70
2023	T23 Batch 2.2	Shift Flux	3 (111)	Trio	6 (222)	2	Duet An interaction with someone or something	17 (43334)	28
2023	T23 Batch 2.3	Flux Shift	12 (444)	Duet	24 (888)	4	Trio An interaction with someone or something	40 (88888)	80
2023	T23 Batch 2.4	Breathe Shift	8 (323)	Trio	13 (454)	3	Solo An interaction with someone or something	22 (54445)	46
2023	T23 Batch 2.5	Shift Flux	11 (344)	Duet	21 (777)	4	Trio A poem or piece of prose by Alexandra Elle from <i>Neon Soul: A Collection of Poetry and Prose</i>	38 (78788)	74
2019	T19 Cand L	Shift Flux	11 (443)	Trio	24 (888)	4	Trio The force of gravity	39 (88788)	78
2019	T19 Cand M	Shift Flux	12 (444)	Trio	24 (888)	4	Quartet Three action words	40 (88888)	80

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Year	Example	Set phrases mark (and breakdown)		Duet/trio mark (and breakdown)		Mental skills mark	Choreography and original stimulus mark (and breakdown)		Total mark
2019	T19 Cand N	Breathe Shift	6 (222)	Duet	12 (444)	3	Trio A specific mining or other industrial disaster that happened between 1800 and 1999	22 (45454)	43
2019	T19 Cand P	Breathe Scoop	6 (222)	Duet	13 (454)	3	Duet An object or machine you might find in a domestic kitchen	21 (45444)	43
2019	T19 Cand Q	Shift Flux	11 (344)	Duet	21 (777)	4	Solo Three action words	30 (66666)	66
2019	T19 Cand R	Flux Shift	5 (221)	Trio	10 (343)	2	Solo An object or machine you might find in a domestic kitchen	24 (45456)	41
2019	T19 Cand T	Breathe Scoop	8 (323)	Duet	18 (666)	4	Solo A specific mining or other industrial disaster that happened between 1800 and 1999	29 (66566)	59
2019	T19 Cand U	Shift Flux	3 (111)	Trio	6 (222)	2	Solo A close-up or zoomed-in photograph of a natural object	15 (33333)	26

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Year	Example	Set phrases mark (and breakdown)		Duet/trio mark (and breakdown)		Mental skills mark	Choreography and original stimulus mark (and breakdown)		Total mark
2019	T19 Cand V	Breathe Shift	6 (222)	Trio	11 (443)	3	Duet An object or machine you might find in a domestic kitchen	21 (45444)	41
2019	T19 Cand W	Breathe Shift	9 (333)	Trio	15 (555)	4	Quartet A close-up or zoomed-in photograph of a natural object	28 (56566)	56
2019	T19 Cand X	Breathe Shift	6 (222)	Duet	11 (434)	3	Solo Three action words	20 (44444)	40
2019	T19 Cand Y	Breathe Shift	10 (334)	Trio	22 (787)	4	Solo An object or machine you might find in a domestic kitchen	32 (66677)	68
2019	T19 Cand Z	Flux Shift	12 (444)	Duet	24 (888)	4	Duet A specific mining or other industrial disaster that happened between 1800 and 1999	40 (88888)	80